

Prayer Ideas for Holy Week

Participate in the on-line Celebrations of our Parish.

Palm Sunday

~God for a walk by yourself or as a family- meditating on our Lord's entrance into Jerusalem. Break off a branch from a tree and carry it in reverence of our Lord and imitation of the crowds.

~Pray the Sorrowful Mysteries of the rosary

~Pray the Stations of the Cross

Holy Thursday-

~Wash someone's feet today

~In honor of the priesthood being instituted today, make a list of all the priests who you know that have ministered to you. Pray for them, living or deceased, if they are living consider reaching out to them in support.

~Late in the evening, after the sun goes down, go and sit outside in the darkness and meditate on Jesus, agony in the garden.

~Pray the Luminous Mysteries emphasizing the 5th mystery

~Pray the Sorrowful Mysteries emphasizing the 1st mystery

Good Friday-

~Remember to keep the Fast today and to abstain from meat products.

~Remain bare foot today

~Unveil, kiss, hold and venerate your crucifix

~Pray the Sorrowful Mysteries emphasizing the 1st mystery

~Begin the Divine Mercy Novena today

Holy Saturday

~ Have water next to your t.v. or computer so it can be blessed during the Easter Vigil.

~Have a candle ready for the on-line vigil and lite it during the appropriate time in the liturgy.

~Continue the Divine Mercy Novena

~Pray the sorrowful Mysteries in the morning and the Glorious after night fall.

~Have a bon-fire in the evening as a symbol of Christ's resurrection shattering the darkness. If you are with others, share stories of past Easters, how your Lenten-commitments, you made on Ash Wednesday, have transformed you, or what you miss most about Holy Week that you have not been able to experience this year.

Easter Sunday

~Continue the Divine Mercy Novena

~Pray the Glorious Mysteries of the Rosary.

~Visit a cemetery and pray for the dead to RISE from the grave.